

## **Conception Explained.**

At certain times of the month you will be more fertile than others. If you know when you are fertile, you will know the best time to have sexual intercourse with your partner for the best chance of becoming pregnant. For many couples a delay in conceiving can be simply a problem with the timing of intercourse in relation to the woman's fertile time. Conception is the term used when a man's sperm penetrates a woman's egg and a pregnancy is started. In order for you to become pregnant, the following must happen:

**Ovulation must occur.**

**The fallopian tubes must not be blocked.**

**Intercourse must take place just before or at the time of ovulation** - the best way to find out when you are going to ovulate is to use babystart ovulation test kits..

**The man must be fertile and produce adequate numbers sperm** - sperm count can be checked by using the babystart male infertility test

**Mucus at the mouth of the womb must be receptive and not hostile to sperm.**

**The egg must be fertilised by the sperm and then implant in the womb** - 'then conception has taken place' .

A pregnancy test can show a positive result as early as 7-10 days after this time - please click [here](#) for details of the babystart pregnancy test.